



CARES® Online Dementia Care Training Programs and Module Topics

CARES® Dementia 5-Step Method™ 4 Modules (4 Hours)

1. Meet Clara Jones (Introduction to Person-Centered Care)
2. Introduction to Dementia
3. Understanding Behavior as Communication
4. The CARES® Approach

CARES® 5-Step Method™ (3 hours) 3 Modules (3 Hours)

1. Meet Clara Jones
2. General Dementia Information
3. Behavior and the CARES® 5-Step Method

CARES® Dementia Safety Topics™ 6 Modules (6 Hours)

1. Making a Connection with the Person
2. Eating Well
3. Recognizing Pain
4. Minimizing Falls
5. Rethinking Wandering
6. Minimizing and Eliminating Restraints

For a list of learning objectives for each course, visit www.hcinteractive.com/learningobjectives.

For questions or inquires please contact us at support@hcinteractive.com.

CARES® Dementia Related-Behavior™

4 Modules (4 Hours)

1. Introduction to Dementia-Related Behavior
2. Using the CARES® Approach with Dementia-Related Behavior
3. Breaking Down the CARES® Approach for Dementia-Related Behavior
4. Key Responses to Dementia-Related Behavior

CARES® Activities of Daily Living™ (4 Hours)

5 Modules (4 Hours)

1. Introduction to Activities of Daily Living
2. Dressing
3. Eating
4. Using the Bathroom
5. Mobility, Transferring, and Positioning

CARES® Activities of Daily Living™ (10 Hours)

10 Modules (10 Hours)

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| 1. Dementia and the CARES® Approach | 6. Eating |
| 2. Creating Meaning in Activities of Daily Living | 7. Grooming |
| 3. Recognizing and Managing Pain | 8. Mouth Care |
| 4. Bathing | 9. Using the Bathroom |
| 5. Dressing | 10. Mobility, Transferring, and Positioning |

CARES® End-of-Life Dementia Care™

5 Modules (5 Hours)

1. Introduction to End-of-Life Dementia Care
2. The CARES® Approach
3. Decision Making at the End of Life
4. Comfort Care
5. Emotional and Spiritual Support

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CARES® Elder Abuse Awareness and Prevention™

4 Modules (3 Hours)

1. What is Elder Abuse
2. Dementia and Elder Abuse
3. The CARES® Approach and Elder Abuse Prevention
4. Community Resources

CARES® Serious Mental Illness™

4 Modules (4 Hours)

1. Introduction to Serious Mental Illness
2. Understanding Serious Mental Illness
3. Living with Serious Mental Illness
4. The CARES® Approach and Providing Appropriate Care

CARES® Dementia 5-Step Method for Families™

4 Modules (4 Hours)

1. Understanding Memory Loss
2. Living with Dementia
3. Using the CARES® Approach
4. Keys to Success with CARES®

CARES® Dementia 5-Step Method for Hospitals™

16 Modules (8 Hours)

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| 1. Introduction to Dementia-Friendly Care | 9. Recognizing and Managing Pain |
| 2. Communication and the CARES® Approach | 10. Maintaining Patient Safety |
| 3. Behavior as Communication | 11. Wandering and Falls |
| 4. Delirium and Other Adverse Events | 12. Mobility, Positioning, and Transfer |
| 5. Understanding the Patient with Dementia | 13. Maintaining the Patient's Abilities |
| 6. Dementia-Related Behavior | 14. Eating and Drinking |
| 7. The CARES® Approach Explained | 15. Maintaining Continence |
| 8. Partnering With Families | 16. Bathing and Hygiene |

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