

Your Name: _____ Date: _____



Module 5 Worksheet
“UNDERSTANDING THE PATIENT WITH DEMENTIA”

1. List eight thinking skills affected by dementia.
 - a)
 - b)
 - c)
 - d)
 - e)
 - f)
 - g)
 - h)

2. In your own words, describe how the hospital experience is especially challenging for patients with dementia.

3. List five ideas for adjusting your care for patients with dementia.
 - a)
 - b)
 - c)
 - d)
 - e)

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Module 6 Worksheet
“DEMENTIA-RELATED BEHAVIOR”

1. In your own words, explain dementia-related behavior.

2. Physical needs, the environment, and psychological needs are three types of triggers for dementia-related behavior. Give an example for each type of trigger.

Physical Needs: _____

The Environment: _____

Psychological Needs: _____

3. Imagine your patient with dementia becomes agitated and starts swearing at you when you are providing care. How should you proceed?

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Module 7 Worksheet
“THE CARES® APPROACH EXPLAINED”

1. “Connect with the Person” is the first, and most important, step of the CARES Approach, a person-centered approach that helps you recognize and address the needs of your patients while helping them feel safe a secure. In your own words, describe how can you connect with a person with dementia and explain how that will help you provide better care.

2. “Share with Others” is the final step of the CARES Approach. Explain what types of information to share and why sharing information is important for the care team.

3. In your own words, describe the benefits of the CARES Approach for both patients and caregivers.

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Module 8 Worksheet
“PARTNERING WITH FAMILIES”

1. A family caregiver is a person who plays an important role in the patient’s life. A family caregiver is the most important person on the care team. **Circle the correct answer.**

True

False

2. List six ways family members of patients with dementia can be valuable members of the care team.

- a)
- b)
- c)
- d)
- e)
- f)

3. In your own words, describe how you can earn the trust of family caregivers.