

Your Name: \_\_\_\_\_ Date: \_\_\_\_\_



**Module 1 Worksheet**  
***“INTRODUCTION TO DEMENTIA-FRIENDLY CARE”***

1. **True or False:** Most patients with dementia have the diagnosis in their medical records.  
**Circle the correct answer.**

True

False

2. You may not know right away that the person you are caring for has dementia. List six symptoms or behaviors that are important to recognize as possible signs of dementia.

- a)
- b)
- c)
- d)
- e)
- f)

3. In your own words, explain why it is important to get to know your patients with dementia.

4. A person with dementia relies heavily on routines and familiar surroundings to feel secure. This sense of security can be lost during a hospital stay. List six things in a hospital that might cause stress for someone with dementia.

- a)
- b)
- c)
- d)
- e)
- f)

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**Module 2 Worksheet**  
***“COMMUNICATION AND THE CARES® APPROACH”***

1. In your own words, describe how you should approach a patient with dementia.

2. Write what each of the individual letters in CARES® stands for:

C: \_\_\_\_\_

A: \_\_\_\_\_

R: \_\_\_\_\_

E: \_\_\_\_\_

S: \_\_\_\_\_

3. List three ways family members of your patients with dementia can help you provide better care.

a)

b)

c)

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**Module 3 Worksheet**  
***“BEHAVIOR AS COMMUNICATION”***

1. **True or False:** Behavior is often how patients with dementia communicate. Your job as a caregiver is to figure out what a behavior means so you can respond appropriately. **Circle the correct answer.**

True

False

2. List three common communication issues for hospital patients with dementia.

a)

b)

c)

3. Like all patients, patients with dementia want to feel comfortable and secure. Imagine you are caring for a patient with dementia who becomes physically aggressive. What are some things to consider when trying to figure out what is triggering her behavior?

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**Module 4 Worksheet**  
***“DELIRIUM AND OTHER ADVERSE EVENTS”***

1. Explain four differences between dementia and delirium.
  - a)
  - b)
  - c)
  - d)
  
2. List four ways to help prevent delirium.
  - a)
  - b)
  - c)
  - d)
  
3. Adverse events can increase the time a patient is in the hospital. Besides delirium, list four common adverse events for hospital patients with dementia.
  - a)
  - b)
  - c)
  - d)