

Continuing Education (CE) Self-Submission Packet 3.0 Hours of CE Credit

Use our continuing education self-submission packet to request 3.0 hours of CE credit for the CARES[®] Elder Abuse Awareness and Prevention[™] Online Training Program. Included are the CE materials required by many state licensing boards.

If you are not familiar with the requirements for your profession, please contact your state board for more information.

Instructions

1. Print this self-submission packet. It includes:

- Course description, disclosures, and contact information
- Course learning objectives
- Course completion requirements
- Course content experts, developers, and organizations
- 2. Print your CARES[®] Elder Abuse Awareness and Prevention[™] completion certificate and certification certificate.

When you have completed CARES Elder Abuse Awareness and Prevention and passed the certification exam, go to the Main Menu, and click on the "Print Certificate" button. Make two copies of each certificate—one for your files, and one for your CE submission.

3. Print and fill out the submission form from your licensing board.

Complete the continuing education form or letter required by your state licensing board, and include the above materials with your submission. If you are not sure where to locate required CE information or forms, please contact your state board.

4. Submit your CE materials.

Submit the materials to your state licensing board according to the instructions provided by them. Depending upon your state and profession, you may be able to submit and make payment online.

Questions?

If you have any questions, please contact us at (952) 928-7722 or support@hcinteractive.com.



Course Description, Disclosures, and Contact Information

The CARES[®] Elder Abuse Awareness and Prevention[™] Online Training Program focuses on how to recognize signs of elder abuse, and the differences between neglect and self-neglect. It also describes many positive things you can do to help prevent elder abuse.

If you ask someone about elder abuse, they will immediately think of examples of physical abuse such as bruises, a black eye, or even broken bones. This program explores many other areas of elder abuse, however, including emotional abuse, financial abuse and exploitation, caregiver neglect and self-neglect, and sexual abuse. It goes on to teach you strategies to recognize when these types of may be occurring, and what you and or are required to do. The program also teaches how to prevent frustrating care interactions with the person you are caring for a common precursor to elder abuse.

This program has 4 modules (3 hours). The modules include:

- 1. What is Elder Abuse
- 2. Dementia and Elder Abuse
- 3. The CARES[®] Approach and Elder Abuse Prevention
- 4. Community Resources

Conflict of Interest

HealthCare Interactive and course content experts disclosed no conflicts of interest in the development of this program. CARES programs also contain no product placement or promotional advertising.

Contact Information

HealthCare Interactive maintains responsibility for this training program. Questions about technical support, course content, purchasing, accommodations, grievances, and other issues may be directed to:

HealthCare Interactive, 8800 West Highway 7, Suite 331, Minneapolis, MN 55426, (952) 928-7722, support@hcinteractive.com.



HealthCare Interactive*

Learning Objectives

Module 1: What is Elder Abuse?

After completing this module, you will be able to:

- Define elder abuse.
- Identify seven types of elder abuse.
- Recognize signs of elder abuse.
- Describe the difference between caregiver neglect and self-neglect.
- Describe the difference between financial abuse and exploitation.
- Explain how more than one type of elder abuse can happen at the same time and give an example.

Module 2: Dementia and Elder Abuse

After completing this module, you will be able to:

- Understand some differences between normal aging, dementia, and Alzheimer's disease.
- List four thinking skills affected by dementia.
- Identify how a caregiver's response to care situations can put an elder with dementia at risk for elder abuse.
- List three forms of resident-to-resident abuse.

Module 3: The CARES[®] Approach and Elder Abuse Prevention

After completing this module, you will be able to:

- List four care strategies that can help to prevent elder abuse.
- List the steps to take if you suspect elder abuse has occurred.
- List the steps of the CARES[®] Approach.
- Describe how the CARES[®] Approach can improve care interactions with people living with dementia.
- Understand how taking care of yourself can reduce your stress.
- Recognize how getting support can help prevent elder abuse.

Module 4: Community Resources

After completing this module, you will be able to:

- Describe why it is important to know about the available community resources that can help to prevent and respond to elder abuse.
- List three community and state resources that can help if you suspect elder abuse has occurred.
- List two national or federal resources that can provide useful information about elder abuse.



Course Completion Requirements

Users must complete all four modules to be able to print their CARES[®] Elder Abuse Awareness and Prevention[™] completion certificate.

If users are not able to print their certificate, it is because they have not completed the minimum time and page requirements for each module (see below). Users can check their training progress at any time by going to the Main Menu and clicking on the View Course Progress button.

- X green check mark means the module is complete.
- A red X means the module is not complete. Users must view each screen in the module and meet the minimum time requirements for each module, both of which appear in their progress report (see chart below).
- Once there are green check marks for all modules listed, users will be able to print a certificate of completion for the training program.

Module #		CARES [®] Elder Abuse Awareness and Prevention™ Minimum Requirements	
	Time Viewed	Screen Completion	
1	40 minutes	15/15	
2	40 minutes	15/15	
3	40 minutes	14/14	
4	10 minutes	12/12	



Content Experts, Developers, and Organizations

HealthCare Interactive would like to thank the many families, dementia experts, and organizations that are helping to educate caregivers and others by having agreed to participate in and be videotaped for this program. We respect the sensitive nature of this material and appreciate the support of everyone involved.

Expert Advisory Board*

- Iris Freeman, Board of Directors, Minnesota Elder Justice Center, St. Paul, MN
- Merrie Kaas, PhD, RN, Associate Professor, University of Minnesota, School of Nursing, Minneapolis, MN
- **Suzanne Meeks**, PhD, Professor and Chair, Department of Psychological and Brain Sciences, University of Louisville, Louisville, KY
- Victor Molinari, PhD, Professor, School of Aging Studies, University of South Florida
- Sara Sanders, PhD, Dean, College of Liberal Arts and Sciences, University of Iowa, Iowa City, IA
- Jim Vanden Bosch, Elder Abuse Program Developer, Terra Nova Films, Chicago, IL
- Christine Williams, RN, DNSc, Professor, College of Nursing, Florida Atlantic University, Boca Raton, FL

Individuals*

- Kate Bengtson, MSW, Community-Based Social Worker, Cedar Rapids, Iowa
- **Cindy Callahan**, Aide, Meth-Wick Community
- Mike Hensch, MA, F-ABMDI, Administrator, Medical Examiner Dept., Johnson County, Iowa
- John Mielke, MD, Medical Director, Benedictine Health Center, Minneapolis, MN
- Tracey Robertson, Elder Rights Specialist, The Heritage Area Agency on Aging
- Susan Schmitt, BA, Director of Post-Acute Care, Meth-Wick Community
- Ingrid Wensel, Associate Director, The Heritage Area Agency on Aging
- Zach Diersen, Sergeant, Iowa City Police Department, Iowa City, IA

Development Team*

- Kathy Confer, Editor, HealthCare Interactive, Inc., Minneapolis, MN
- Anthony Graddy, Programmer, HealthCare Interactive, Inc., Minneapolis, MN

- Susan Hadjiyanis, Instructional Designer
- John V. Hobday, Producer, HealthCare Interactive, Inc., Minneapolis, MN
- Kathy Laurenhue, Instructional Designer, HealthCare Interactive, Inc., Minneapolis, MN
- Victor Rukavina, One Light Video, Minneapolis, MN
- Tom Schmidt, Video Producer, HealthCare Interactive, Inc., Minneapolis, MN
- Mary Steiner, Instructional Designer, HealthCare Interactive, Inc., Minneapolis, MN
- Theresa Williams, Office, HealthCare Interactive, Inc., Minneapolis, MN

Organizations*

- Florida Atlantic University College of Nursing, Boca Raton, FL
- Minnesota Elder Justice Center, St. Paul, MN
- Terra Nova Films, Chicago, IL
- University of Iowa School of Social Work, Iowa City, IA
- University of Louisville Department of Psychological and Brain Sciences, Louisville, KY
- University of Minnesota School of Nursing, Minneapolis, MN
- University of South Florida School of Aging Studies, Tampa, FL

*The titles and/or employers listed may not reflect current credentials or affiliations.