

Your Name: _____ Date: _____



Module 3 Worksheet
“LIVING WITH SERIOUS MENTAL ILLNESS”

1. (Screen 2 and Screen 3) People living with SMI are often faced with misperceptions about mental illness. List three common misperceptions.
 - a)
 - b)
 - c)

2. (Screen 2 and Screen 3) What are some messages people with SMI want others to know?

3. (Screen 3) In your own words, explain why instilling “hope” is such an important part of caring for someone with SMI.

4. (Screen 4) When discussing illnesses, what is the difference between a “cure” and a “recovery?”

5. (Screen 4) List six common factors for a successful journey of recovery for people living with SMI.
 - a)
 - b)
 - c)
 - d)
 - e)
 - f)

6. (Screen 6) As a caregiver, why should you allow and encourage people living with SMI to do as many things for and by themselves as possible?