Your Name:	Date:	



	Cuics
	HEALTHCARE INTERACTIVE®
	Module 1 Worksheet "INTRODUCTION TO SERIOUS MENTAL ILLNESS"
1.	(Screen 5) In your own words, describe serious mental illness.
2.	(Screen 5) SMI can happen to anyone. Explain two possible causes for SMI. a)
	b)
3.	(Screen 5) True or False: With the right support, people living with SMI can learn how to manage their symptoms and live meaningful lives. Circle the correct answer.
	True False

4.	(Screen 6) List the four main categories of SMI.
	a)
	b)
	c)
	d)
5.	(Screen 6) In addition to the four main categories of SMI, what are two additional disorders that many professionals consider to be serious mental illnesses?
	a)
	b)
6.	(Screen 6) Imagine you are living with a serious mental illness. What day-to-day problems or challenges might you face?
7.	(Screen 6) Schizophrenia can have delusions and auditory hallucinations. Explain both symptoms.
	a)
	b)

8.	(Screen 6) People with bipolar disorder suffer from severe mood swings. Describe some common symptoms of both the "highs" and the "lows."
9.	(Screen 6) A person with schizoaffective disorder has both a thinking problem and a mood problem. Schizoaffective disorder is a combination of which two serious mental illnesses?
	a)
	b)
10	.(Screen 6) What is the most common serious mental illness and what are some of its typical symptoms?