



CARES® Online Dementia Care Training Course Topics

CARES® Dementia Basics™

4 Modules, 4 Hours

1. Meet Clara Jones (Introduction to Person-Centered Care)
2. Introduction to Dementia
3. Understanding Behavior as Communication
4. The CARES® Approach

CARES® Dementia Advanced Care™

6 Modules, 6 Hours

1. Making a Connection with the Person
2. Eating Well
3. Recognizing Pain
4. Minimizing Falls
5. Rethinking Wandering
6. Minimizing and Eliminating Restraints

CARES® Dementia-Related Behavior™

4 Modules, 4 Hours

1. Introduction to Dementia-Related Behavior
2. Using the CARES® Approach with Dementia-Related Behavior
3. Breaking Down the CARES® Approach for Dementia-Related Behavior
4. Key Responses to Dementia-Related Behavior

CARES® Activities of Daily Living™ (4 Hours)

5 Modules, 4 Hours

1. Introduction to Activities of Daily Living
2. Dressing
3. Eating
4. Using the Bathroom
5. Mobility, Transferring, and Positioning

For a list of learning objectives for each course, visit www.hcinteractive.com/learningobjectives.

To take a free test drive, visit www.hcinteractive.com/testdrive. For questions, call (952) 928-7722.

CARES® Activities of Daily Living™ (10 Hours)

10 Modules, 10 Hours

1. Dementia and the CARES® Approach
2. Creating Meaning in Activities of Daily Living
3. Recognizing and Managing Pain
4. Bathing
5. Dressing
6. Eating
7. Grooming
8. Mouth Care
9. Using the Bathroom
10. Mobility, Transferring, and Positioning

CARES® End-of-Life Dementia Care™

5 Modules, 5 Hours

1. Introduction to End-of-Life Dementia Care
2. The CARES® Approach
3. Decision Making at the End of Life
4. Comfort Care
5. Emotional and Spiritual Support

CARES® Elder Abuse Awareness and Prevention™

4 Modules, 3 Hours

1. What is Elder Abuse
2. Dementia and Elder Abuse
3. The CARES® Approach and Elder Abuse Prevention
4. Community Resources

CARES® Serious Mental Illness™

4 Modules, 4 Hours

1. Introduction to Serious Mental Illness
2. Understanding Serious Mental Illness
3. Living with Serious Mental Illness
4. The CARES® Approach and Providing Appropriate Care

CARES® Dementia Care for Families™

4 Modules, 4 Hours

1. Understanding Memory Loss
2. Living with Dementia
3. Using the CARES® Approach
4. Keys to Success with CARES®

CARES® Dementia-Friendly Hospitals: Preventing Adverse Events™

16 Modules, 8 Hours

Basics of Dementia-Friendly Care

Module 1: Introduction to Dementia-Friendly Care

- Dementia in Hospitals
- How Can You Recognize Dementia?
- Alzheimer's Affects Each Person Differently
- Importance of Dementia-Friendly Care

Module 2: Communication and the CARES® Approach

- A Positive Start
- The CARES® Approach
- The Family

Module 3: Behavior as Communication

- How Does Dementia Affect Communication?
- Common Communication Problems
- Understanding Behavior as Communication

Module 4: Delirium and Other Adverse Events

- Delirium
- Decreasing the Risk of Delirium
- Other Adverse Events

Communication and Behavior

Module 5: Understanding the Patient with Dementia

- Dementia and the Brain
- The Hospital Experience
- Adjusting Your Care

Module 6: Dementia-Related Behavior

- What Is Dementia-Related Behavior?
- Triggers of Dementia-Related Behavior
- Responding to Dementia-Related Behavior

Module 7: The CARES® Approach Explained

- Overview of the CARES® Approach
- The CARES Approach—Step by Step
- Applying the CARES Approach

Module 8: Partnering With Families

- The Family's Perspective
- Learning from the Family
- Involving the Family in Care

Patient Safety and Comfort

Module 9: Recognizing and Managing Pain

- Pain in Patients with Dementia
- Recognizing Pain
- Managing Pain

Module 10: Maintaining Patient Safety

- Dementia and Patient Safety
- Reducing Risks
- Elder Abuse

Module 11: Wandering and Falls

- Wandering
- Falls
- Physical Restraints

Module 12: Mobility, Positioning, and Transfer

- Mobility
- Positioning
- Transfer

Personal Care Practices

Module 13: Maintaining the Patient's Abilities

- Understanding Functional Decline
- Helping the Patient Maintain Abilities
- Applying the CARES® Approach

Module 14: Eating and Drinking

- How Dementia Affects Eating and Drinking
- Helping the Patient Eat and Drink
- Mealtime Safety
- Applying the CARES® Approach

Module 15: Maintaining Continence

- How Dementia Affects Continence
- Helping the Patient Use the Toilet
- Applying the CARES® Approach

Module 16: Bathing and Hygiene

- How Dementia Affects Bathing
- Helping with Bathing and Hygiene
- Applying the CARES® Approach