



# Alabama

Meet State and Federal  
Dementia Training Requirements with  
CARES® Online Training and Certification



[www.hcinteractive.com/CARES](http://www.hcinteractive.com/CARES)

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## Alabama

### For Facility Types *with* State Requirements

Assisted Living Facilities

- **CARES**® Dementia Basics™



Specialty Care Assisted Living Facilities

- **CARES**® Dementia Basics™



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### For Facility Types *without* State Requirements

Adult Day Care Programs

- **CARES**® Dementia Basics & Dementia-Related Behavior™



Home Care

- **CARES**® Dementia Basics & Dementia-Related Behavior™



Hospice

- **CARES**® Dementia Basics & End-of-Life Dementia Care™



Nursing Homes

- **CARES**® Dementia Basics & Advanced Care™



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### **CARES**® Dementia Specialist™ (C.D.S.)

Looking to be recognized in the field of Dementia Care? The CARES® Dementia Specialist™ (C.D.S.) credential super charges and promotes excellence in the field of dementia care. The credential gives holders information and training to improve their understanding and abilities to serve individuals they care for. [www.hcinteractive.com/CDS](http://www.hcinteractive.com/CDS)

# Details of Dementia Training Requirements for Assisted Living Facilities

The state of Alabama requires dementia-specific initial training and refresher training for all staff that have contact with residents.

## Details

According to the Alabama statute (420-5-4-.04) Personnel:

All staff who have contact with residents, including the administrator, shall have initial training prior to resident contact and refresher training annually and as necessary. Documentation of all staff training to include attendance records and any required post-test or evaluations shall be maintained in the facility. In addition to any information otherwise required by the facility's policies and procedures, the facility shall ensure that prior to resident contact, all staff members receive training on the subject matter listed below:

- a. Identifying signs and symptoms of dementia.

## How CARES Meets Each Specific Content Requirement

### (a) Identifying signs and symptoms of dementia.

The CARES Program includes a thorough explanation of memory loss, dementia, and Alzheimer's disease, as well as a full discussion of seven different areas of dementia-related decline. Module two is entirely devoted to a detailed introduction to dementia. The CARES Program includes information and many examples throughout its 6 modules describing the symptoms and behaviors, which may commonly occur in people with dementia. Module three, *Understanding Resident Behavior as Communication*, is specifically devoted to behavior. The CARES Program further includes instruction on the *CARES Approach*, a 5-step approach that can be used with any resident in any situation requiring an intervention. Typical behaviors, which may occur in people with dementia, are discussed.

## **References**

### **Alzheimer's Association Quality Care Campaign**

[http://www.alz.org/we\\_can\\_help\\_quality\\_care.asp](http://www.alz.org/we_can_help_quality_care.asp)

### **CARES Online Dementia Care Training Programs**

[www.hcinteractive.com](http://www.hcinteractive.com)

### **State Website**

<http://adph.org/>

### **State Statute Website**

<http://www.adph.org/HEALTHCAREFACILITIES/assets/ALFRules.pdf>

<http://www.adph.org/HEALTHCAREFACILITIES/index.asp?id=5344>