

Your Name: _____ Date: _____



Module 2 Worksheet
***“LIVING WITH DEMENTIA AND INCREASING
MEMORY LOSS”***

1. Sometimes it is difficult to know what stage of dementia your family member is in—early, middle, or late—but after having watched the video clips of people in various stages making coffee, think of a routine task your family member with dementia is now struggling with. Write down which stage of dementia you think the person is in, based on your observations:

2. List 3 safety measures you can use in your home that will help your family member with dementia maintain valuable independence in a safe way:
 - a)

 - b)

 - c)

3. In your own words, explain why routine is so helpful and important to a person with dementia:

