

Your Name: _____ Date: _____



Module 5 Worksheet: EMOTIONAL AND SPIRITUAL SUPPORT

1. Name three resources or people that families can turn to when having to make difficult decisions for the person living with dementia.
 - a)
 - b)
 - c)

2. Which of the following is **not a good way** for you to acknowledge the death of someone you cared for?
 - a) Attend the memorial service.
 - b) Go to a reception in their honor.
 - c) Speak with family members.
 - d) Tell all other staff that the person has passed away.
 - e) Place flowers outside their door.

3. **True or False.** It is important that caregivers talk to someone about their feelings when a person they cared for dies.

_____ True _____ False

4. List four ways to enhance the environment and make it meaningful for the dying person.

a)

b)

c)

d)

5. **True or False.** As caregivers, it is best to be emotionally distant from those in our care.

_____ True

_____ False

6. Circle all ways that loved ones can be involved at the end of life.

Applying lotion

Providing mouth care

Shaving the person

Turning the person

Singing to the person

Bathing the person

Praying with the person

Having one last holiday or birthday party

7. **True or False.** It is okay for families to bring their loved ones home at the end of life (even if we, as caregivers, do not think it is a good idea).

_____ True

_____ False

8. Describe at least three ways you can help families in the grieving process.

a) _____

b) _____

c) _____
