

Your Name: \_\_\_\_\_ Date: \_\_\_\_\_



## Module 3 Worksheet: DECISION MAKING AT THE END OF LIFE

1. What does **POLST** stand for?

**P:** \_\_\_\_\_

**O:** \_\_\_\_\_

**L:** \_\_\_\_\_

**S:** \_\_\_\_\_

**T:** \_\_\_\_\_

2. **True or False.** It is best to avoid sending someone with dementia to the hospital.

\_\_\_\_\_ True

\_\_\_\_\_ False

3. Approximately how many years will a person with dementia live in each stage?

Early:

Middle:

Late:

End:

4. Name some common care decisions that families are asked to make at end of life.
- a) \_\_\_\_\_
  - b) \_\_\_\_\_
  - c) \_\_\_\_\_
  - d) \_\_\_\_\_
5. Sometimes a doctor may decide to **stop** treatments or therapies that prolong life. Name three of them.
- a)
  - b)
  - c)
6. **True or False.** Feeding tubes have been proven to extend a person's life or improve nutrition.
- \_\_\_\_\_ True                      \_\_\_\_\_ False
7. In your own words, describe a "DNR" form.
8. Describe at least two ways that you can help a family understand what is happening to their family member with dementia at the end of life.