



**CARES<sup>®</sup> Dementia-Related Behavior<sup>™</sup>**  
**“VALUES” SECTION WORKSHEET (on Main Menu)**

1. **(Screen 1 and Screen 2)** List three examples of values mentioned in the Values section.

a)

b)

c)

2. **(Screen 1)** In your own words, explain how our values can affect how we view a person living with dementia.

3. **(Screen 2)** You should spend time explaining your values to people living with dementia and their families.

True

False

4. **(Screen 3, Videos: “An Act of Respect,” “Understanding Others,” and “An Act of Compassion”)** Give three examples of how a person-centered approach helps to minimize dementia-related behavior.

a)

b)

c)