



Module 2 Worksheet
“USING THE CARES[®] APPROACH WITH
DEMENTIA-RELATED BEHAVIOR”

1. **(Screen 2, Info and Videos, and Screen 3)** Write down three ways that the CARES[®] Approach will help both the caregiver and the person living with dementia:

a)

b)

c)

2. **(Screen 2 and Screen 3)** Sometimes, when you are in a hurry, it’s just not possible to use the CARES[®] Approach.

True

False

3. **(Screen 3, and Screen 4 Videos)** The letters in CARES[®] stand for:

C = _____

A = _____

R = _____

E = _____

S = _____

4. **(Screen 5, “C” Question and Screen 9, Video)** Baths and showers can sometimes present challenges for both the caregiver and the person living with dementia. List two ways the CARES[®] Approach can help make bathing a more comfortable experience for both the caregiver and the person living with dementia.
 - a)

 - b)

5. **(Screen 6, Video and Screen 7)** List the 6 steps of the Positive Physical Approach:
 - a)

 - b)

 - c)

 - d)

 - e)

 - f)

6. **(Screen 9, Video)** Making the effort to connect with a person can take more time. Write down your understanding of how taking the time to connect will actually save you time in the end: