



Module 1 Worksheet

“INTRODUCTION TO DEMENTIA-RELATED BEHAVIOR”

1. **(Screen 3, Screen 4, CARES[®] Tip, and Screen 5, Video)** Circle the group of words below that best describes people with dementia-related behavior:
 - a) Difficult, troubled, problematic
 - b) Confused, frustrated, scared
 - c) Challenging, disruptive, annoying

2. **(Screen 4, Screen 7, and Screen 9)** Dementia-related behavior is a form of communication. List four ways a person living with dementia might communicate through behavior:
 - a)
 - b)
 - c)
 - d)

3. **(Screen 6)** Approximately what percentage of people with dementia exhibit dementia-related behavior?
 - a) 25-30%
 - b) 50%
 - c) 70-90%

4. **(Screen 7)** Mrs. Evans is usually cheerful, but today she is shouting out insults and does not want to take her usual morning shower. List two reasons why her behavior might have changed:

a)

b)

5. **(Screen 7, CARES[®] Tip)** People living with dementia should be reminded about how to behave appropriately, because they have forgotten proper behavior.

True

False

6. **(Screen 7, “Physical Pain” Video)** When a person living with dementia is exhibiting dementia-related behavior, what is the first possibility you should investigate?

a) Boredom

b) Confusion

c) Pain

7. **(Screen 7, “Physical Pain” Video and Tips List [after video])** Write down 3 indications that a person living with dementia may be experiencing pain:

a)

b)

c)

8. **(Screen 7)** What is the definition of “sundowning”?