



CARES® Online Dementia Care Training Course Topics

CARES® Dementia Basics™

4 Modules, 4 Hours

1. Meet Clara Jones (Introduction to Person-Centered Care)
2. Introduction to Dementia
3. Understanding Behavior as Communication
4. The CARES® Approach

CARES® Dementia Advanced Care™

6 Modules, 6 Hours

1. Making a Connection with the Person
2. Eating Well
3. Recognizing Pain
4. Minimizing Falls
5. Rethinking Wandering
6. Minimizing and Eliminating Restraints

CARES® Dementia-Related Behavior™

4 Modules, 4 Hours

1. Introduction to Dementia-Related Behavior
2. Using the CARES® Approach with Dementia-Related Behavior
3. Breaking Down the CARES® Approach for Dementia-Related Behavior
4. Key Responses to Dementia-Related Behavior

For a list of learning objectives for each course, visit www.hcinteractive.com/learningobjectives.

To take a free test drive, visit www.hcinteractive.com/testdrive. For questions, call (952) 928-7722.

CARES® Activities of Daily Living™

10 Modules, 10 Hours

1. Dementia and the CARES® Approach
2. Creating Meaning in Activities of Daily Living
3. Recognizing and Managing Pain
4. Bathing
5. Dressing
6. Eating
7. Grooming
8. Mouth Care
9. Using the Bathroom
10. Mobility, Transferring, and Positioning

CARES® End-of-Life Dementia Care™

5 Modules, 5 Hours

1. Introduction to End-of-Life Dementia Care
2. The CARES® Approach
3. Decision Making at the End of Life
4. Comfort Care
5. Emotional and Spiritual Support

CARES® Dementia Care for Families™

4 Modules, 4 Hours

1. Understanding Memory Loss
2. Living with Dementia
3. Using the CARES® Approach
4. Keys to Success with CARES®

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