

Your Name: _____ Date: _____



Module 1 Worksheet
“WHAT IS ELDER ABUSE?”

1. **(Screen 3)** What are 2 definitions of elder abuse?

a)

b)

2. **(Screen 4)** List the 7 types of elder abuse.

a)

b)

c)

d)

e)

f)

g)

3. **(Screen 7)** List 3 signs of elder abuse that you can look for that might not be as noticeable.

a)

b)

c)

4. **(Screen 7 CARES® tip)** Why are some elderly people afraid to report abuse?

5. **(Screen 9)** True and False: Are these signs of possible Emotional Abuse?

A resident becomes upset hearing their favorite dessert is not available tonight.

True False

You overhear a caregiver humiliating a resident who is toileting.

True False

Mr. Johnson who is normally outgoing has recently become more agitated and his behavior changes dramatically when a specific caregiver is in his room.

True False

6. **(Screen 10)** What are the physical and non-physical signs of potential sexual abuse?

7. **(Screens 4 & 11)** In your own words define caregiver neglect.

8. **(Screen 12)** List 5 signs of self-neglect.
 - a)
 - b)
 - c)
 - d)
 - e)

9. **(Screens 11 & 12)** In your own words what is the difference between caregiver-neglect and self-neglect?

10. **(Screen 13)** Define the difference between financial abuse and financial exploitation.

6. **(Screen 10)** True and False: Are these signs of possible Caregiver neglect?

You notice Mrs. McKenzie has developed untreated bed sores on her shoulders.

True False

On your visits to Mr. Tran's house you notice unsanitary living conditions and that Mr. Tran is wearing the same clothing you dressed him in on your visit a week prior.

True False

7. **(Screen 11)** Describe self-neglect and list some examples of self-neglect.

8. **(Screen 12)** Why is someone with dementia at high risk for financial abuse and exploitation?

9. **(Screen 13)** Why are people living with dementia at the highest risk for abuse during activities of daily living (ADLs)?

10. **(Screen 14)** What are 2 examples of resident-to-resident abuse?

a)

b)

MODULE 3
“THE CARES® APPROACH AND ELDER ABUSE PREVENTION”

1. **(Screen 3)** What are the 4 strategies to help prevent elder abuse?
 - a)
 - b)
 - c)
 - d)

2. **(Screen 4)** What are 2 ways you can report Elder Abuse?
 - a)
 - b)

3. **(Screen 5)** What is your favorite step of the CARES® Approach? Why do you feel this step is so important?

4. **(Screen 8)** Explain in your own words why caregivers should respond to feelings and not words.

5. **(Screen 9)** How many signs of stress can you list?

6. **(Screen 10)** What are some methods you use to release stress?

7. **(Screen 11)** Why is it important to ask for help?

8. **(Screen 12)** How can family caregivers become isolated?

9. **(Screen 12)** Who or what are some organizations that caregivers can get support from?

10. **(Screen 13)** Why is it a good idea to:
 - a) Breath -

 - b) Slow Down -

 - c) Let Go -

MODULE 4

“Community Resources”

1. **(Screen 2)** What are 3 resources available in your community and state that can respond and help prevent elder abuse?
 - a)
 - b)
 - c)

2. **(Screen 3)** What is an ombudsman program?

3. **(Screen 6)** Why is it important to let officers know that elder they are responding to is living with dementia?

4. **(Screen 7)** What is an Area Agencies on Aging (AAA)?

5. What would you do if you suspected elder abuse had occurred?