



## Learning Objectives

### Module 1: Introduction to Dementia-Related Behavior

After completing this module, you will be able to:

- Describe and give examples of dementia-related behavior.
- Understand how dementia can affect a person's behavior.
- Explain why it is important to pay attention to the behavior of a person with dementia.
- List some common causes of dementia-related behavior.

### Module 2: Using the CARES® Approach with Dementia-Related Behavior

After completing this module, you will be able to:

- List two reasons why connecting with people with dementia can help to minimize dementia-related behavior.
- Describe the Positive Physical Approach.
- List two ways that using the CARES® Approach can improve the life of someone with dementia.
- List two ways that using the CARES Approach can improve your job and make it easier.

### Module 3: Breaking Down the CARES® Approach for Dementia-Related Behavior

After completing this module, you will be able to:

- Discuss why it's important to connect with people who exhibit dementia-related behavior.
- Use the CARES® Approach to build connected relationships with people with dementia.
- Use the CARES Approach to assess dementia-related behavior, so that you can respond to the person in a caring, effective way.
- Explain why it's important to evaluate your approach and how you can share what is and isn't working with others.

### Module 4: Key Responses to Dementia-Related Behavior

After completing this module, you will be able to:

- List common types of dementia-related behavior.
- Describe practical strategies or "keys" for preventing and responding to different types of dementia-related behavior.