

Your Name: \_\_\_\_\_

Date: \_\_\_\_\_



## Module 4 Worksheet: MINIMIZING FALLS

1. Why is someone with dementia more at risk of falling?
  
2. What are three examples of what would be considered a fall?
  - a)
  - b)
  - c)
  
3. Describe three problems in the environment that increase the risks of falling for people with dementia.
  - a)
  - b)
  - c)
  
4. Give at least one specific cause of falling for each of the following categories.
  - Changes to the Eye or Visual System:
  
  - Changes to Joints or to Muscles:
  
  - Changes to Reflex Responses:

