

Your Name: _____

Date: _____



Module 1 Worksheet: MAKING A CONNECTION

1. What does it mean to “make a connection” with people who have dementia?
2. Explain two benefits of speaking to someone with dementia in a positive, kind way.
 - a)
 - b)
3. List three examples of things to talk about with someone who has dementia to help build a connection.
 - a)
 - b)
 - c)
4. How would you adjust your approach as you connect with someone at each of the following stages of dementia?
 - Early Stage:

(#4 continued on next page)

CARES® Dementia Advanced Care™, Module 1 Worksheet (continued)

- Middle Stage:

- Late Stage:

5. It is not a good strategy to call someone with dementia “dear” or “honey” to make them more comfortable. What could you say instead?
6. You can almost always make a good connection with Mrs. Quintin, but today she is not even able to interact with you. List two reasons why this might be happening.
 - a)
 - b)
7. How long does it take to connect with a person with dementia?
8. List three times in a person’s day when you can easily make a meaningful connection with them.
 - a)
 - b)
 - c)
9. List at least two ways to share information about a person with other members of the care team.
 - a)
 - b)