

Your Name: _____

Date: _____

CARES[®] Activities of Daily Living™

Module 5 Worksheet

“DRESSING”

1. **(Screen 4 “Middle Stage” Pop-up Info and Video)** Mrs. Flores is in the middle stage of Alzheimer’s disease. She doesn’t seem to know what to do with the shirt that has been set out for her to wear today. How can you help her to put on her shirt?

2. **(Screen 4 “Middle Stage” and “Late Stage” Pop-up Info and Videos, and Screen 8 CARES[®] Tip)** List four physical cues that can help a person living with dementia with dressing.
 - a)
 - b)
 - c)
 - d)

3. **(Screen 5 “Same Outfit” Pop-up Audio Response and CARES[®] Tip)** People living with dementia often want to wear the same thing every day and families often get upset at this. What is a possible solution?

4. **(Screen 6 CARES[®] Tip)** If a person living with Alzheimer’s disease tends to get upset by morning care, there is a good chance it’s because he or she is in pain. What should you do in this situation?

5. **(Screen 6)** It's generally best to hurry through the dressing process.

True

False

6. **(Screen 8 "Healthcare Staff" Video #1)** Circle the correct answer. If a person living with dementia is having trouble with dressing, you should:

a) Do it all for him/her so that it goes more quickly.

b) Instruct one item at a time, one step at a time.

7. **(Screen 8 "Healthcare Staff" Video #1)** List four ways can you make dressing meaningful and positive for a person living with dementia?

a)

b)

c)

d)

8. **(Screen 8 "Healthcare Staff" Videos #1 and #2)** How can you make dressing more private for the person?

9. **(Screen 8 "Healthcare Staff" Video #1 and "Family Members" Video #2)** What helpful information can you learn from family members about a person's dressing habits?

10. **(Screen 8 "Healthcare Staff" Videos #2 and #3, and Screen 11 CARES[®] Tip)** What types of clothing can make getting dressed easier for a person living with dementia?