

Your Name: _____ Date: _____



Assisted Living Facility (ALF) Level I™ Online Dementia Care Training Program

Module 5 Worksheet: MAKING A CONNECTION WITH THE RESIDENT

1. List two reasons why it's important to know something about the people in your care.
 - a)
 - b)
2. Explain two benefits of speaking to someone with dementia in a positive, kind way.
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3. List three examples of things to talk about with someone who has dementia to help build a connection.
 - a)
 - b)
 - c)
4. It is not a good strategy to call someone with dementia "dear" or "honey" to make them more comfortable. What could you say instead?

5. How would you adjust your approach as you connect with someone at each of the following stages of dementia?

- The First Signs:

- Increasing Problems:

- Significant Confusion:

- Minimal Self-Care Abilities:

- Requires Complete Assistance:

6. You can almost always make a good connection with Mrs. Perez, but today she is not even able to interact with you. List two reasons why this might be happening.

a)

b)

7. How long does it take to “connect” with a person who has dementia? And, give some examples of how to do so.