

Your Name: _____ Date: _____



Assisted Living Facility (ALF) Level I™ Online Dementia Care Training Program

Module 1 Worksheet: MEET CLARA JONES

1. You just met Mrs. Clara Jones. Think about Mr. Sanchez, a person with dementia who is new to your facility. List three good ways to learn about his family, his likes and dislikes, hobbies and interests, food preferences, and previous career:
 - a)
 - b)
 - c)

2. On the “You Can Make a Difference” screen in Module 1, you watched many videos of real people who care for someone with dementia. What are two of the most important qualities for dementia caregivers and why:
 - a)
 - b)

3. Describe two specific ways to communicate effectively with people who have dementia:
 - a)
 - b)

4. **True or False:** Caring for the person with dementia relies on your ability to make a connection, understand the resident's behavior, and respond appropriately.

True _____

False _____

5. The letters in CARES® stand for:

C → _____

A → _____

R → _____

E → _____

S → _____

6. List three benefits of using the CARES® Approach:

a)

b)

c)

7. List three appropriate ways to share information about people who have dementia with others involved in providing care:

a)

b)

c)