

Your Name: \_\_\_\_\_ Date: \_\_\_\_\_



## Home Health (2-Hour)<sup>™</sup> Online Dementia Care Training Program

### Module 2 Worksheet: UNDERSTANDING BEHAVIOR AS COMMUNICATION

1. When a person with dementia has trouble using language or remembering the right words, you can focus less on words and more on

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2. **True or False:** All behavior is a form of communication.

True \_\_\_\_\_

False \_\_\_\_\_

3. List three reasons why it is important to connect with people who have dementia.

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4. List six reasons or causes why someone with dementia may be wandering.

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|----|----|
| a) | d) |
| b) | e) |
| c) | f) |

5. What are two positive aspects of wandering?

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6. What are two negative aspects of wandering?

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7. In addition to wandering, there is other dementia-related behavior that you will most likely encounter in your caregiving work. Name five examples:

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_

8. The person's ability to communicate about pain changes as dementia worsens and thinking abilities decline over time. Describe these changes in the stages listed below.

- The First Signs:
- Increasing Problems:
- Significant Confusion:
- Minimal Self-Care Abilities:
- Requires Complete Assistance:

9. Identify six strategies for communicating with people who have dementia, including those who are non-responsive.

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_
- f) \_\_\_\_\_