

Your Name: _____ Date: _____



Home Health (2-Hour)[™] Online Dementia Care Training Program

Module 1 Worksheet: INTRODUCTION TO DEMENTIA

1. You just met Mrs. Clara Jones. Think about Mr. Sanchez, a person with dementia who was just assigned to you. List three ways to learn about his family, likes and dislikes, hobbies and interests, food preferences, and previous career:
 - a)
 - b)
 - c)
2. Alzheimer's disease causes real, physical changes to the brain. The brain of someone with Alzheimer's disease is likely to look _____ and _____ compared to a normal, healthy brain.
3. List at least three facts about dementia:
 - a)
 - b)
 - c)
4. Explain "fluctuating, gradual decline" in your own words.

5. List and describe the seven basic thinking abilities that can be impaired by Alzheimer's disease and related dementias.

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____

6. Give an example of observable changes for each of the following thinking skills:

	"Normal Aging"	Person with Dementia
a) Communication	_____	_____
b) Memory Loss	_____	_____
c) Task Completion	_____	_____
d) Time Recall	_____	_____
e) Problem Solving	_____	_____

7. Give some examples in each stage below of how you would provide person-centered assistance with **getting dressed** for someone who has Alzheimer's disease or related dementias.

- The First Signs:
- Increasing Problems:
- Significant Confusion:
- Minimal Self-Care Abilities:
- Requires Complete Assistance: